

Namaskära Mahämantra

Navkar Mantra

NAMO ARIHANTÄNAM

Obeisance to the Arihnatas -
perfect souls

NAMO SIDDHÄNAM

Obeisance to the Siddhas -
liberated bodiless souls.

NAMO ÄYARIYÄNAM

Obeisance to all the Ächäryas -
the heads of various Jain
congregations

NAMO UVAJJHÄYÄNAM

Obeisance to the Upädhyäys - the
learned scholars of the Jain
scriptures

NAMO LOE SAVVA SÄHUNAM

Obeisance to all the Sädhus and Sädhvis -
the (ascetics) of the universe.



ESO PANCHA NAMUKKÄRO

This five folds obeisance mantra.
To these five types of great souls,
I offer my prayers.

SAVVA PÄVAPPANÄSANO

May such prayer help diminish all my
negative vibrations and sins.

MANGALÄNAM CHA SAVVESIM

Amongst all of the auspicious blessings
is the first and foremost of all. Giving this
praise is most auspicious.

PADHAMAM HAVAI MANGALAM

Offering this prayer is the foremost.
Auspicious recitations - so auspicious as to
bring happiness and bliss.

